### EXAMPLE OBSERVATION RECORD

**Date**: 15 May 2022

<table>
<thead>
<tr>
<th>Horse</th>
<th>Jester</th>
</tr>
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<tbody>
<tr>
<td><strong>Observer</strong></td>
<td>Annabel</td>
</tr>
<tr>
<td><strong>Start</strong></td>
<td>1pm</td>
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<tr>
<td><strong>End</strong></td>
<td>2.30pm</td>
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</tbody>
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**LOCATION / ACTIVITY**

- Grazing - field
- Standing - tied - barn
- Farrier - visit

**Weather**

- Clear blue sky, sunshine, light south-westerly wind
- Temperature 14 degrees

**INDICATORS**

**Movement related**
- Atypical movement
- Walking backwards
- Rearing and bucking

**Standing position**
- Atypical standing position
- Holding limb up
- Changing resting leg ✔ ✔
- Pointing / resting foreleg
- Prolonged resting – hind
- Crossing hind legs
- Trembling limb
- Flinching
- Leaning against something ✔
- Stepping feet
- Stomping feet
- Kicking up towards abdomen
- Kicking out or back ✔

**Head and Neck**
- Tilting head
- Tossing nose
- Looking or swatting
- Shaking head or body
- Tossing / swaying head ✔ ✔
- Ears back ✔ ✔

**Tail**
- Lifting or slapping tail ✔ ✔
- Swishing tail ✔ ✔

**Self care**
- Sipping water
- Atypical jaw motion
- Quidding
- Straining to pass urine
- Straining to pass droppings
- Lying down
- Difficulty getting up
- Stretching – head and neck
- Stretching – forelegs
- Stretching – hind legs

**Behavioural indicators**
- Dull, depressed
- Biting / aggressive
- Defensive / guarding

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Taken from Johnson, S. (2023) Recognising Signs of Pain in Horses: A Checklist for Horse Owners and Caregivers. *The IAABC Foundation Journal* 27. Downloaded from [https://iaabcjournal.org](https://iaabcjournal.org)
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<tbody>
<tr>
<td>Increased spookiness</td>
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<td>✔</td>
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<tr>
<td>Restless / fidgeting</td>
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<td>✔</td>
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<tr>
<td>Licking / chewing</td>
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<td>✔</td>
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<tr>
<td>Frequent yawning</td>
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<td>Flehmen response</td>
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<tr>
<td>Self-grooming / rubbing</td>
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<tr>
<td>Vocalisation</td>
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Notes:

While I was brushing his body, Jester moved away from me several times. I don’t recall this happening before.

Did not stand still for farrier and farrier had difficulty maintaining hold of left hind leg. Farrier did not remark on anything unusual with condition or wear pattern on hooves.